Your Essential Guide To SULL ASTROLOGY

How astrology can help you to discover your Soul Path and Life Purpose

Your Essential Guide To Soul Astrology!

What Is Soul Astrology?

The word *astrology* comes from the ancient Greek words *astron*, meaning star, and *logia* meaning "speaking of" and literally means

"speaking of the stars" 1

Soul Astrology is a name given to those forms of astrology that draw upon psychological astrology, transpersonal astrology, and esoteric astrology, to *determine your Soul's path and purpose!*



How Does Soul Astrology differ from normal astrology?

Astrology is a vast subject and there are many different approaches and systems that have evolved over thousands of years. What we in the west think of as 'normal' astrology is known as *Western Astrology*, whereas if you originate from the Indian sub-continent *Vedic Astrology* would be normal for you. If you were from Far East Asia *Chinese* or *Tibetan Astrology* may

be 'normal' for you.

Even within Western astrology there are different approaches to determining your Soul's path and purpose. The approach we're using here has it's origins in the work of Alice Bailey, specifically the books "Esoteric Astrology" and "The Labors of Hercules: An Astrological Interpretation", and has been developed in recent times by esoteric astrologers such as Alan Oken.

Soul Astrology is very closely connected with Western Astrology, however there are key differences, the main one being in the use of the *Ascendant* or *Rising Sign* to determine your *Soul Path and Purpose*.

When it comes to the 12 zodiac signs each sign can be seen as a *spectrum of energy*, like the musical scale, with lower and higher

octaves. There is the fear-

based *personality expression* at one end of the spectrum, and there is the love-based *Soul expression* at the other with a myriad of expressions in between.

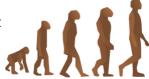
Another important difference is in the 'ruling' planets. In Soul Astrology most signs have a different ruler at personality and Soul level (although there are

¹There is more than one interpretation of the suffix 'logia'. Speaking or 'discourse' are appropriate for our purpose here. See https://www.etymonline.com/index.php?term=-logy&allowed in frame=0

exceptions).

For example in Western Astrology the sign of *Gemini* is said to be 'ruled' by *Mercury*, however in Soul Astrology we say that Mercury is the 'personality' ruler and Venus is the Soul ruler. This illustrates a difference in the energies involved and also begins to show the development of consciousness in the sign. Mercury is about the mind and Venus is about love, so we can see that the two rulers of Gemini in Soul Astrology, illustrate the Gemini Soul *journey* from the head to the heart!

The whole Zodiac, from Aries at the beginning through to Pisces at the end, can be viewed as *developmental stages*, in our Soul's journey and ultimately in the evolution of human consciousness...



What IS a 'ruling' planet?

First of all, let's look at the term 'rulership' as it is used astrologically. Rulership is

a very old term from the days back when the king or 'ruler' was the custodian of his land and his people. Rulership doesn't seem like a good thing to us in our modern era where we see the effects of malevolent 'rulership', dictators, war and power games every day in the news, but this is not what is meant in the astrological sense.

It is not something or someone that has *power over us*, but rather something that contributes to the conditions that support us in our growth- much like a loving gardener who knows exactly what conditions are necessary not only for plants to survive but to thrive and reach their highest potential. So in this sense the





planetary 'ruler' is more like a guardian, or custodian, creating the conditions that support our Soul's growth.

Our ruling planet is one that has a great energetic affinity with our Rising Sign and is therefore showing us the major theme of our life by helping to create the conditions for our growth. If the Earth is the stage upon which the play of our life is being acted out, then the ruling planet is showing us the main storyline in the script.

Most signs have a personality and a Soul ruler (although there are exceptions), just like in our earlier example of Gemini where *Mercury* is the personality ruler and *Venus* is the Soul ruler. How do you know what your ruling planets are? They are the personality and Soul rulers of your Rising Sign (ascendant).

Isn't Soul Astrology Too Esoteric and Complicated?

The word esoteric comes from the Greek stem *eso* meaning *within* and while it can mean being part of an 'inner circle', on a deeper level it also refers to spiritual growth through our own *inner journey*, and awakening to our own *inner knowledge*.

The original work *Esoteric Astrology* by Alice Bailey is indeed very complex to understand, however the more you develop your own wisdom based on your own *inner journey* the more things will fall into place and make sense for you. After all, your own *inner wisdom* is really very simple indeed!

It's true that there are some keywords to learn in order to understand the energies involved but once you have done that, it is probably simpler than you think to start using Soul Astrology as a guide in your life.

At the simplest level all you really need to know are your *Sun*, *Moon* and *Rising* Sign and then you can begin using Soul Astrology as a practical tool in your daily life to support you in understanding yourself, knowing your Soul's Path and realizing your life purpose.

Do I need to know my birth time?

Ideally yes. The *Rising Sign* changes about every two hours and since we are using your Rising Sign to determine your Soul's Path this is important.

What can I do if I don't know my birth time?

There's a lot you can do to try and find out your correct birth time.

It's always best to start simply:

First try your birth certificate - in some states and countries the birth time is recorded there. Maybe speak with your Mum and/or anyone else who might remember the day you were born, and see if you can narrow your birth time down to within 2 hours by asking questions that might jog their memory.

Ask them questions like:

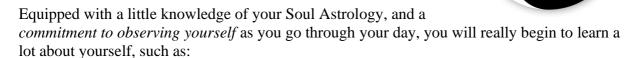
- Was it early morning or almost lunchtime?
 - If it was after lunch, was it before or after dinner?
 - Was it light or dark outside?

Things like that jog people's memories because many people organize their lives around meals! If all else fails you can try dowsing and/or meditating, to see if you can get an intuitive sense. There is also a process known as *chart rectification*, which is where an astrologer works backwards to determine your birth time based upon important events in your life.

How can Soul Astrology support my spiritual growth?

Soul Astrology supports your spiritual growth because it can help you to develop *self-awareness* ...and self-awareness is the first step towards self-realization and even *enlightenment*².

Your natal chart is a symbol of your *energy field*, your own *personal mandala*, and as such is really quite *sacred*.



- What motivates you?
- How do you flow your energy?
- What are your habits?
- What are your most common blocks?

The more you focus on understanding your self the more you will develop awareness of the *subtler layers of energy* that make up your being!

Is it practical?

To The Marth State

On any journey from A to B you need a starting point. You first need to know *where you are now* if you want to get anywhere.

Although it's origins are in esoteric wisdom, Soul Astrology is actually a very practical tool for everyday daily living.

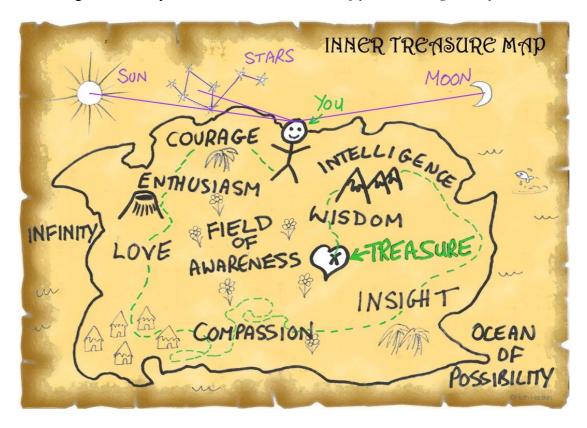
For example, your *Moon Sign* represents your *emotional* world including your *emotional reactions* to others. If you have Moon in Leo, you may have a tendency to become

identified with *what you are doing*. Integrity may be one of your highest values and you may pride yourself on doing a job very well. Indeed, being 'someone who does a good job' may become an important part of your identity. Once you understand this, you can then understand why you may sometimes *feel deeply hurt* if someone criticizes what you do. You experience an *emotional reaction* to their criticism.

Knowing the underlying dynamics of some of your reactions and responses in this way can be deeply insightful. It can also point towards the *solution*. The Moon can represent childhood and past-life wounding. So if you do have Moon in Leo maybe as a child you were never really appreciated enough. This may be traced back to root causes in your early childhood or even past lives. Knowing that it may be a *deep emotional need* in you to feel appreciated for your work, as an adult you can take conscious action to *get this need met for yourself and step into your own personal power*.

² In Buddhist scripture *enlightenment* is the western translation of the Sanskrit term *bodhi*, which means "awakening". See https://en.wikipedia.org/wiki/Enlightenment in Buddhism

Once you familiarize yourself with your Sun, Moon and Rising Sign you have a very good basis, a kind of map, for observing how these energies play out in your life, and a deeper understanding of what may be needed to *resolve some of your challenges in life*.



Soul Astrology can be thought of as a map that is guiding you, through your personality challenges, to the highest potential of your Soul.

Your personality signs are, in a sense, showing you the starting point *where you where when you were born*. Your Soul Sign is showing you where your *highest potential* is. In other words, A to B. Right now you are somewhere in between, on your journey!

What do I need to get started?

At it's simplest level you only need to know your *Sun*, *Moon* and *Rising Sign*. Of course you can go deeper if you want to, but that's really all you need to begin with in order to have a simple and practical working knowledge of your own Soul Astrology.

Let's face it you don't need to be a mechanic in order to drive the car! By keeping it simple you will have a practical tool that can serve you in supporting your journey.





How Do I find out my Sun, Moon and Rising Sign?

You'll need to have your birth chart drawn up. In days gone by this was a time-consuming process that was done by a professional astrologer. Thankfully these days a computer can do it in a matter of seconds! There is a free online birth chart calculator on my website at:

https://ruthhadikin.com/whats-my-rising-sign.html

Let's Do It NOW!

Once you know your birth date, time AND location, using the link above, your birth chart will be generated for you.

The chart will show your *Sun*, *Moon* and *Rising Sign* (ascendant/AC) – AND there is also a link to a blog post that tells you the *Soul Purpose of each of the twelve zodiac signs*!

Let's find out now in three easy steps... (allow 20-30 minutes to complete these steps)

Step 1. Your Rising Sign (Your Soul Sign).

- Click on this link: https://ruthhadikin.com/whats-my-rising-sign.html
- Enter your birth details to create your *free birth chart*.
- Make a note of your *Sun Sign*, your *Moon Sign* and Your *Rising Sign* (from now on we will call your *Rising Sign* your "*Soul Sign*").
- On a separate piece of paper create a title using your *Soul Sign*, for example: "*My Soul Sign Is Cancer*"
- Now go here and read about your Soul Sign:
- https://ruthhadikin.com/blog/rising-sign.html
- Under your title write some bullet points about the *meaning* of your Soul Sign.

Step2. Your Sun Sign

- On a separate piece of paper create a title using your Sun Sign, e.g. "My Sun Sign is Aries"
- Read "Appendix A" (See the end of this guide)
- Under your title write some bullet points about the meaning of your Sun Sign.

Step 3. Your Moon Sign.

- On a separate piece of paper create a title using your *Moon Sign*, e.g. "My Moon Sign is Sagittarius"
- Read "Appendix B" (See the end of this guide)
- Under your title write some bullet points about the meaning of your Moon Sign.

As you write your bullet points for all three signs, pay attention to any ideas or feelings of your own. The symbolism of Soul Astrology works through your *own intuition* so as you continue reading and learning, notice any thoughts, feelings, impressions, images and ideas

that come to you. Also consider what might be some of the personality and soul expressions of each sign. Write those down too. Your own understanding and meaning will grow clearer over time and your intuition is your best guide.

Remember Soul Astrology is about *your* inner journey, so listening to your *inner guidance* is very important!

"Now I have an outline of my soul purpose but how to follow that in my everyday life is still a mystery. How do we apply our soul purpose in our everyday life?"

This question goes straight to the heart of what Soul Astrology is all about, and it is also why it is directly related to our own journey of self exploration. The answer is *self-observation*. We might also call this meditation but many people are turned off by the idea of meditation,

because they think it means sitting still for hours on end navelgazing!

What many of us in the West think of as meditation (sitting on a cushion and observing your breath or your chakras) are actually various techniques for *training attention and cultivating patience and focus*. Once you 'graduate' from these practices, you might 'sit' for some time each day as 'training' but your real meditation becomes *your life*. Just like a footballer might train in the gym but his real 'game' is on the football field.



Your 'real game' is the mystery of your life, and you learn it through self-observation. The great astrologer and mathematician Pythagoras referred to this as 'self-exploration':

"No-one is free who has not obtained the empire of himself"

- Pythagoras, c570-495 BC.

Life's Greatest Adventure? Your Own Journey of Self-Exploration

Now you know your Sun, Moon and Soul Sign find out as much as you can about the *personality and soul-centered expressions* of those signs. You can begin by browsing the *Life's Greatest Adventure** archives! Then observe yourself and watch for the personality (fear-based) and soul (love-based) expressions as they play out in your life.

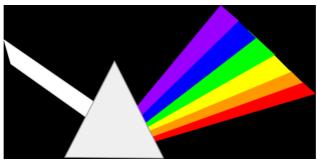
Through the ongoing process of self-observation you come to know the energies of *life itself* as they flow through you moment to moment. Just with your Sun, Moon and Rising Sign you have a simple and effective way of understanding how you flow your energy into the world. If you look closely you will see how this energy flows into everything you do, throughout your day!

Astrology gives you a *language* to describe *distinctions* between the energies you are observing. For example, you may notice the energy of

the *elements* flowing through you: when you are more *mental* (air), when you are more *energetic* (fire), when you are more *emotional* (water), and/or when you are more *grounded* (earth).

Your Life Purpose IS Your Soul Light Focused Through The Lens of Your Personality

Imagine a crystal prism. As light shines through a prism it is refracted³ which allows us to see



the colors of the rainbow that make up the light. In a similar way we could say that the light of your *Soul* is refracted through the *lens* of your *personality*⁴, mainly your Sun and Moon signs. In other words your *Soul Sign* indicates *what* you came here to do and your Sun and Moon signs show *how* you will do it!

Your *Rising* Sign represents your subtle *Soul light*, your *Sun* Sign indicates your *prana* or life-force energy, and your *Moon* Sign indicates your *emotional* energy.

"Doing" - The Energy of Your Sun Sign

What are your main activities throughout the day? What do you find yourself 'doing' most of the time? That may relate to how you flow your prana or life-force energy, and be related to your Sun sign.

"Emotions" - The Energy of Your Moon Sign

How you respond to others, especially when someone pushes your emotional buttons and you find yourself reacting, is likely to be in the character of your Moon sign.



³ Refraction is a process of 'bending' or causing rays of light to deviate, thus making the multiple rainbow colors visible. In a similar way, even though you may have the same Soul Sign as another person, you will both express that light uniquely as it shines through your different personality mix.

In astrology the Sun and Moon are known as the two 'luminaries', in other words the 'two lights'. They are thought of as the most personal planets in any birth chart because they have the most impact upon us. Their energy is therefore the most obvious and easiest to observe.

⁴ What do we mean by personality? In this context we are referring to personality as your habits, tendencies, talents and predispositions that result from all your conditioning in this and past lives. This is reflected by all the planetary positions and patterns in your chart (besides your Soul Sign) but in order to begin observing how your energy flows it is helpful in the beginning to simplify things by focusing mainly on your Sun Sign and your Moon Sign.

"Being" - The Energy of Your Soul

The energy of your Soul will be much more subtle but can be detected with experience. At first it may come to you as an altruistic idea.

For example if you have Cancer Rising you might have a simple idea that everyone should



just be kinder to each other but this doesn't seem realistic in what seems to be a fast-paced 'dog-eat-dog' world. However with time, self-observation, and experience you may come to realize your own power to access the tangible energy of *compassion* in ways that can transform the world around you from 'dog-eat-dog' to a kinder, more compassionate experience for everyone.

To follow your Soul path in everyday life you need to be able to 'listen' to the energy of your Soul, and to know where it is guiding you, so that you can follow. This insight comes through *self-observation and your own experience*.

Through experience you will come to know and apply your soul purpose in your everyday life. With experience comes skill and once you recognize what subtle quality is wanting to be expressed through you, for example flowing compassion, you will skillfully create more situations in your life for that to happen.

Now It's Over To You!

I trust you have enjoyed this brief introduction to Soul Astrology and have found the information helpful. It isn't possible to include everything in a small guide so we just covered some essential basics, which are more than enough for you to begin using Soul Astrology to observe how your Soul's energy is flowing throughout your everyday life.

Let's Explore Together...

I publish deeper insights through my FREE newsletter "Life's Greatest Adventure"*. If you didn't do so already make sure you subscribe⁵ so you can learn more about your Soul's energy in action as your everyday life! See you in the next issue... and in the meantime, happy exploring!

With best wishes, Ruth



Soul Path Astrologer Ruth Hadikin, supports you on your greatest adventure: using Soul Astrology to explore your Soul Path and Life Purpose.

Ruth is author of "Soul Astrology: How Your Rising Sign Reveals Your Soul Path and Life Purpose" Read more at https://SoulAstrologyBook.com

⁵ Subscribe to "Life's Greatest Adventure" by sending a blank email to greatest adventure@getresponse.com or use the online form at https://RuthHadikin.com

Appendix A – Brief Overview of Sun Signs

The Sun in your chart symbolizes your vitality. It indicates how you use and flow your life force energy (prana). There is a radiant quality to this energy, which may be more easily seen at first through the actions you are doing. However, with observation and experience, it can also be perceived as a subtle radiance emanating continuously from your being, even during quiet periods of meditation when you aren't doing anything!

Start with the brief description below and then make a note of your observations about how you experience your own Sun sign⁶energy.

With your Sun in:

Aries it's likely that your life's energy flows primarily through spontaneous, inspired, intuitive action. Aries is the energy of Creation in its purest form and Sun in Aries creates the *space for existence*. Esoterically it is the spark of Divine Will that initiates all Life. Through your life experiences you are learning how to use your *inner knowing to consciously lead others*.

Taurus it's likely that your life's energy flows primarily in very considered practical ways. You resonate to beauty, which is *harmony expressed in physical form*, and your energy may be focused on creating beautiful environments where you can be at peace. You may also have an artistic streak, a beautiful voice, or at least a love and appreciation of music, because you understand harmonics. Through your life experiences you are learning to understand how light manifests in physical forms through harmony and beauty.

Gemini it's likely that your life's energy flows primarily through communication. Gemini is the *energy of the threads of life* and you may focus much of your time 'pulling threads together'. This can be threads of information: 'connecting the dots' in your mind and communicating them through speaking, or writing, and/or you may equally find yourself connecting people through social networks. Through your life experiences you are learning about the interplay of light.

Cancer it's likely that your life's energy flows primarily in ways that are nurturing. You may be highly empathic and able to sense what other people are feeling. Cancer is the sign most closely associated with mass consciousness which means you may have an ability to send your Cancerian radar deep into the mass consciousness, take a measurement, and sense what is needed next for the benefit of all. Through your life experiences you are learning the art and skills of emotional intelligence.

Leo it's likely that your life's energy flows *primarily through creative action*. Creative self-expression is the key to Leo because you are learning about your own creative power through the correct use of will. Any role that you can play (the more the merrier) allows you to explore the true nature of yourself. Leo is a sign of the heart and through your various life experiences you are really learning the power of the heart.

⁶ Notice we say that it's 'likely' rather than 'defnite'! Although the Sun is a large part of your personality make-up, it's energy can be offset, enhanced or diminished by other factors in your energy field. Which is why some people don't relate to the descriptions of their Sun sign!

Virgo it's likely that your life's energy flows *primarily through practical discernment*. You have an exquisite sense of discernment and a fine eye for detail which means you could be very good at analysis, and you want to make sure that whatever you are giving your attention to, has some beneficial, practical, application in the real world. Through your constant striving for perfection and 'that which is good', you are learning to flow love into the world in practical ways.

Libra it's likely that your life's energy flows primarily through relating. You have an innate sense of harmony, balance, poise and grace and you resonate highly to beauty in all its aspects. Libra is the sign of the diplomat. You have a deep sense of ethics and care that the decisions you make are for the right reasons. Through your life experiences you are learning the art of right relationship.

Scorpio it's likely that your life's energy flows primarily through *intense feeling and passion*. You may experience life deeply and passionately through your feelings. Your life force energy may be very potent and you might sometimes feel that you are behind the wheel of a powerful racing car that you are learning how to handle! Through your life experiences you are learning to transform energy through the right use of power.

Sagittarius it's likely that your life's energy flows primarily through *wisdom-in-action*. Sagittarius is the sign of great sages, philosophers, spiritual seekers and teachers, but the key word for you is philosophy. This means that thinking, for you, is important because of how it guides our actions. Through your life experiences you are learning about ultimate spiritual truth and higher wisdom.

Capricorn it's likely that your life's energy flows primarily through *practical initiatives*. You have an eye for detail, precision and a great ability to stay focused until you have achieved your desired result. You are an excellent resource and project manager, because you think in terms of what is needed to get things done. Through your life experiences you are learning how to anchor spiritual energy into the Earth in practical ways that benefit humanity.

Aquarius it's likely that your life's energy flows primarily through *structured thinking*. Thinking in a structured way, while organizing information into categories, helps you to understand your world. With this capacity for structured thinking you have the mind of a scientist, yet you may also have a great entrepreneur streak. Through your life experiences you are learning how to flow love and life into the world in ways that unite the collective consciousness of humanity.

Pisces it's likely that your life's energy flows primarily through sensitive feeling. You have a sensitive, empathic, nature, which allows you to sense accurately what others are feeling — sometimes even before they know it themselves! Through your life experiences you are ultimately learning how to transform suffering into universal Love.

Appendix B – Overview of Moon Signs

The Moon in your chart symbolizes the energy of your emotional world and instincts. It can show how you react and respond to others and what you need in order to feel emotionally safe and secure.

Because our emotions are involved there can be a quality of unconsciousness around our Moon sign energy. When we are in the grip of emotional energy we don't remember everything we say and do. For example, have you ever noticed after an angry argument or dispute that you can't always remember exactly what you said? This is why we may not be aware of how we are flowing our Moon-sign energy. Our Moon sign can indicate both our positive and so-called 'negative' emotional responses to others.

The Moon is associated with the past and it is possible that the reactive patterns of our Moon sign were created in past lives. We therefore need to be gentle and compassionate with ourselves, if we are take an honest look at the energy of how we react to others. If we are courageous, and willing to walk the path of our Moon sign, there is a treasure of healing, deep wisdom, and compassion to be gained.

Below are some very brief ideas of how each Moon sign might respond to others, and react when feeling hurt. Bear in mind there is so much more to your Moon sign than we have space for here!

Start with the brief description below and then make a note of your observations about how you experience your own Moon sign energy. If you have never done this before you might need to take some time in observation and reflection, before you can really see how you react and respond to others. Contemplating the element might also be helpful in attuning to the energy of the sign.

With your Moon in:

Aries (*Fire*) you may respond to others intuitively and with enthusiasm. When you feel hurt your temper may flare and have an impulsive, possibly explosive quality to it, but it burns out just as quickly.

Taurus (*Earth*) you may respond to others quietly and considerately. When you feel hurt you may tend to 'dig your heels in' and become stubborn. You like to arrive at decisions in your own time and not feel pushed.

Gemini (*Air*) you may respond to others communicatively with a desire to share information. When you feel hurt you may change the subject, side step the issue and/or use your skill with words to avoid a direct confrontation.

Cancer (*Water*) you may respond to others in ways that are caring and nurturing. When you feel hurt, you may feel it more than you show. You may withdraw into your shell completely although sometimes the 'crab's claws' can be upfront and you can give another person a sharp 'nip' as a warning!

Leo (*Fire*) you may respond to others with warmth and generosity. When you feel hurt you may be prone to sulking or brooding, but you may also over-react very dramatically to make your point if you feel you are not being paid enough attention!

Virgo (*Earth*) you may respond to others in ways that are generally helpful and dependable. When you feel hurt you may be prone to anxiety and worry, as you try to find practical ways out of your predicament.

Libra (*Air*) you respond to others in ways that are congenial and companionable. When you feel hurt you may try to manipulate the situation to keep the peace and avoid confrontation.

Scorpio (*Water*) you may respond to others with an air of mysticism as you keep your private life to yourself. When you feel hurt you may tend to brood and withdraw into a private world of silence, however, if pushed you may equally face a perceived 'enemy' head-on, with claws and 'sting' at the ready. Others may know the 'sting' in the Scorpion's tail if they don't back off!

Sagittarius (*Fire*) you may respond to others in a friendly gregarious manner. When you feel hurt you may have a tendency to sarcasm, and/or shoot out a barrage of 'arrows' in the form of 'facts' or 'evidence' that you have gathered to support your 'case'.

Capricorn (*Earth*) you may respond to others in practical and responsible ways. When you feel hurt you may withdraw emotionally, becoming cold, and /or you may withdraw physical resources and/or practical support.

Aquarius (*Air*) you may respond to others with intelligence yet in impersonal and objective ways. When you feel hurt you may distance yourself from others, cutting them off completely.

Pisces (*Water*) you may respond to others with sensitivity and imagination. When you feel hurt you may tend to withdraw from the world completely, and may feel a deep sense of hurt and sadness.

It is important to note that when you feel hurt, it doesn't mean anybody intended to hurt you! It can be part of your conditioned reaction to the world around you. Also *the way* you react to a perceived threat, can be a clue to deeper emotional healing that you can work towards. For example, the dramatic emotional reaction of someone with Moon in Leo can indicate a deeper need for acknowledgement and/or being valued. When you work on meeting this need for yourself you are doing your own deeper emotional healing.

Appendix C – Your Soul Sign

Your soul is indicated by your Rising sign (Ascendant). This is the sign that was rising on the horizon at the time of your birth and, as the dawn of your life, it is considered by soulcentered astrologers to be the most important sign in astrology, precisely because it indicates your soul's path, purpose and expression...

"The soul is the reality lying behind the persona, the mask of the soul. It is the soul or higher self that comes first, as does the Rising sign. The Rising sign, the soul and the soul's purpose are therefore one and the same"

- Errol Weiner, Transpersonal Astrology

The soul is on an unfolding journey in which it eventually passes through each sign. The soul's journey through the 12 signs of the Zodiac is described by the Tibetan Master in Alice Bailey's "The Labours of Hercules: an astrological interpretation". At each 'stage' we can see that the soul is growing and developing. Some astrologers suggest that the soul spends up to eight incarnations in each sign, in which case we can see that it would take the soul up to 84 incarnations to complete one cycle through the Zodiac. It's not a simple linear progression from A to B, the soul's journey is more complex than that, but for our current level of understanding it's a good analogy.

Your Rising sign gives you a sense of what your Soul has come to do in this lifetime

Watch the short video trailer of your Soul Sign on YouTube at:

https://www.youtube.com/@soulastrologyjourney

ARIES RISING: THE ARIES SOUL

If you have Aries rising you are here to inspire others with Divine ideas¹. Your challenge is to tame your mind, cultivate your intuition and cultivate self-awareness to the point where you can distinguish Divine inspiration from the needs and drives of your own personality.

TAURUS RISING: THE TAURUS SOUL

If you have Taurus rising you are here to release personal attachment¹ and develop your senses for their highest purpose: to lead you to freedom, liberation, illumination and eventually enlightenment. Because Taurus resonates with peace, you tend to relax once you have all your creature comforts around you. Your biggest challenge is to not become complacent, and stay awake!

CANCER RISING: THE CANCER SOUL

If you have Cancer rising you are here to find your inner light, keep it lit, and flow greater degrees of compassion into the world¹. Because Cancer is the sign of mass consciousness, you feel the fear of the masses. The biggest challenge for you is not succumbing to fear but to allow it to move through you and become transmuted into compassion.

LEO RISING: THE LEO SOUL

If you have Leo rising you are here to usher in an era of heart-centered leadership¹. Your biggest challenge will be to not become identified with your actions. You are NOT what you do. There is a real self, and a false self, and it is your job to figure out which is which. Once you do this you align with your soul purpose and your life becomes an expression of Divine Will.

VIRGO RISING: THE VIRGO SOUL

With Virgo rising you are here to be of service by flowing pure Divine love into the world through your work¹. Your biggest challenge is to not become discouraged and disheartened by the imperfection of the mundane world, which could leave you feeling anxious and critical. The perfection you seek is the perfection of the soul. Let go of ideas of how things 'ought to be' and flow your love anyway.

LIBRA RISING: THE LIBRA SOUL

If you have Libra rising you are here to bring in greater degrees of harmony and balance into the world through right relationship¹. In your case this comes from a deep understanding of the relationship between all things: including people and the beautiful planet we live on. Your biggest challenge is finding the balance between self and other in your own relationship. You matter as much as others. Not more, not less. Finding the point of balance which honors both is part of your life's work.

SCORPIO RISING: THE SCORPIO SOUL

If you have Scorpio rising you are here to transform darkness into light¹ through your own personal journey of healing and transformation. I've never met a Scorpio soul who had an easy life. You are learning about energy and how to flow energy in ways that are beneficial to all concerned. It often feels like your life is one big struggle, but it is a struggle which makes you stronger, and comes at the appropriate time. Like a chick pecking it's way out of an egg, it's time now to hatch. Your biggest challenge is to not get caught in confrontation but to transmute the energy of any potentially volatile situation, which transforms you and lifts you to your highest potential.

SAGITTARIUS RISING: THE SAGITTARIUS SOUL

If you have Sagittarius rising you are here to uplift humanity through the revelation of truth and wisdom¹. To do this you have to know truth for yourself, the deeper spiritual truth that lies beyond mind and mental concepts. Since Sagittarius is the sign of the philosopher you love to think and formulate philosophies to guide our way of living. Your biggest challenge is to release all man-made mental concepts, go beyond opinions and philosophy, and discover the underlying truth of your existence.

CAPRICORN RISING: THE CAPRICORN SOUL

If you have Capricorn rising you are here to express your vocation for the greater good¹. Our 'vocation' is our spiritual calling, you are here to listen to your spiritual calling and make the sacred manifest in the world. At the highest level the Capricorn soul is an engineer of light, you have an innate knowing of alchemy and how to manifest heaven on Earth. Your biggest challenge is to use your talent and energy for spiritual purposes: to aspire to spiritual heights rather than becoming lost in the trappings of worldly wealth and achievement.

AQUARIUS RISING: THE AQUARIUS SOUL

If you have Aquarius rising you are here to flow the dual waters of love and life into the world in ways that benefit humanity¹. Your biggest challenge will be to get out of your head and into your heart. The spiritual energy of which we speak flows through the heart and, as the fixed air sign, Aquarius is very much a sign of the mind. It is too easy for you to be lost in ideas. When you access the power of your heart you will use your mind as the vessel, the vase of Aquarius, through which you steadily direct the love and light that flows from your heart.

PISCES RISING: THE PISCES SOUL

If you have Pisces rising you are here to flow universal love into the world¹. The biggest challenge for you is to create appropriate boundaries, and not take things personally. Because you can feel what others feel, it is easy for you to take on other people's feelings. It is important for you to realize that everything you feel isn't yours, and that other people are responsible for their own feelings. Allow others to learn their own lessons, and stay in the place of love. This way you become a 'spiritual pacemaker', striking a heart-tone that others can follow.

What you are here to do and how you will do it...

So that's what you are here to do!

How you will do it, depends upon other factors in your chart, in particular your Sun and Moon signs.

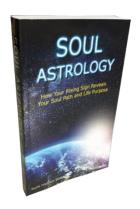
For example if you are a Cancer Soul with a Gemini/Leo personality (Gemini Sun/ Leo Moon) you are here to flow compassion into the world (Cancer Soul) through writing, speaking, communicating (Gemini) and creative self-expression (Leo).

Whether you will experience and actualize the full spiritual potential of your Rising sign or not, depends upon your level of consciousness. If you are spiritually asleep, you will naturally experience the qualities of your Rising sign as an inherent part of your personality. As you awaken to your spiritual purpose you will feel a quickening, experiencing the subtle stirrings of your soul's calling, through your Rising Sign. *The Rising Sign bridges the worlds between sleep and awakening.*

Acknowledgement:

1. I am deeply grateful to Esoteric Astrologer Candy Hillenbrand for her succinct descriptions of the Soul Purpose of each sign, which I have quoted often in this and other articles. Her article "Esoteric Astrology: The Journey Of The Soul" is an excellent and concise overview of Esoteric Astrology and can be found online at https://www.aplaceinspace.net/Pages/CandyJourneyoftheSoul.html

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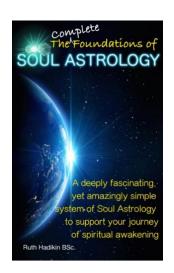
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